



Picture: <http://speedskatens.ca/Programs/Sledgeracing/tabid/1764/Default.aspx>

EMERA OVAL: LEARN TO SLEDGE

The “Learn to Sledge” program will include the “how to’s” of sledge skating, safety, and lots of sledge skating fun!

Ages: All Are Welcome!

Program Time: 11:00 am – 12:00 pm

Register: Classes are free

(However, we require you to register at 902-490-6666 or online through RecConnect)

Dates: Saturdays: January 6th (course code 417448), 13th(417978), 20th(417979),
February 3rd(417980) & 10th(417981)

Location: Emera Oval 5775 Cogswell Street, Halifax

*Helmets with a mask, neck guards and safety gear will be on site, but it is encouraged to bring your own if you already have them. Push bars & sledges are also available .

Please dress warmly and weather appropriate!*

Cancellations will be posted on the Emera Oval’s website.

